

SENIOR NEWSLETTER



KEEP IN TOUCH WITH US!



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Godinez FHS jimmy.bravo@sausdlearns.net Adrian.Rios@sausdlearns.net velina.espinosa@sausdlearns.net



Lorin Griset HS



Middle College HS



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Dear SAUSD Seniors:

Maya Angelou once said, "You may encounter many defeats, but you must not be defeated."

Class of 2020 do not be afraid to fail! Do not fear disappointment, whether you expect it or not, it will come. The beautiful thing about disappointment is that it allows you to learn, gain clarity with the conviction that things can be fixed. We challenge you to look at your K-12 school educational experiences as a springboard to your next phase in life. Many of you will be figuring things out as you transition to the world of college life, some of you will serve our country in the marines, army, and navy armed forces, and others will join the workforce to continue supporting your families.

Do not stop dreaming and learning, you can achieve your dreams with hope and persistence. Remember learning is not instant, it takes dedication to stay engaged. Open your hearts in challenging times, allow the mind to absorb new information, and never say no to new growth opportunities. Drive yourself to the open road that leads you to many possibilities...take the road less traveled...Oh the places you will go!! SAUSD wishes you the very best - Congratulations!

Káty Castellanos Director, College & Career Readiness

Social Emotional Learning

As we continue to stay home, it is important to take care of ourselves mentally, physically, and emotionally. Here are some resources that can be useful to you.



HEADSPACE is your everyday mindfulness in just a few minutes a day. There are guided meditations to help you manage stress, anxiety, productivity, exercise, and physical health.



CALM is designed to help you with sleeping, meditating, and relaxing. Explore meditations, sleep stories, movement exercises, and music.

In this issue of the SAUSD College & Career Readiness Newsletter you will find information about the following:

- Social Emotional Learning (p. 1)
- Virtual Graduations (p. 2)
- Requesting Official Final Transcript (p. 2)
- How to Claim Your Cal Grant (p. 3)
- Santa Ana College follow-up (p. 4)
- Avoiding Summer Melt & Recommended Books (p. 5)
- Employment Opportunities (p. 6)

If you see something underlined, it is linked to a website, make sure to click on it. Most images are also linked to a source.

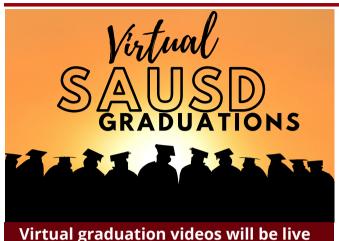
SAUSD CCR Issue III May 2020 Page 1

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SAUSD COLLEGE & CAREER READINESS

SENIOR NEWSLETTER





streamed at the following times on Spectrum Channel 31, AT&T Channel 99, on SAUSD's <u>YouTube</u> channel and on <u>www.sausd.us</u>.

Virtual Graduation Video Schedule

May 26, 2020

Godinez Fundamental High School - 5:00pm Century High School - 7:00pm

May 27, 2020

Segerstrom High School - 5:00pm Valley High School - 7:00pm

May 28, 2020

REACH Academy - 5:00pm Santa Ana High School - 7:00pm

May 29, 2020

Saddleback High School - 7:00pm

June 2, 2020

Chavez High School - 5:00pm Middle College High School - 7:00pm

June 3, 2020

Lorin Griset Academy - 7:00pm

Request Transcript



Seniors, when the final semester grades are posted, many of the universities and colleges will require that you submit your final official transcript. The Santa Ana Unified School District has contracted Parchment, an online system used to send/receive official high school transcripts to participating colleges and universities.

Please review the YouTube videos below on how to set up an account or log in to your account to order transcripts weeks before your university/college deadline.

- Creating the account: <u>https://www.youtube.com/watch?v=lbp9Y5-mGlw</u>
- Ordering Transcripts: https://www.youtube.com/watch?v=0AkFD74iZ k
- Parchment website: https://www.parchment.com

Having Trouble with Parchment?

If you are having trouble setting up the account or logging in on Parchment, click on Customer Support, then click on Contact Support, and fill out your request for assistance. PLEASE DO NOT WAIT UNTIL THE LAST DAY, AS IT DOES TAKES TIME TO FIX.

Early College/Dual Enrollment Students

Seniors, if you successfully completed a Santa Ana College course, you must send your OFFICIAL Santa Ana College transcript to your college and university to receive college credit. For more information click here to learn how to request a SAC transcript.



Follow your school's social media and check the website to learn when you can pick up your diploma.



SENIOR NEWSLETTER







The New Webgrants 4 Students

YouTube: https://www.youtube.com/watch?v=wYnPAnkz_0U&t=2s

Claiming Your Cal Grant

When you apply for financial aid using the FAFSA or the California Dream Act, your application is sent to the California Student Aid Commission (CSAC). This Commission is in charge of monitoring and distributing the funds for the Cal Grant. When you make an account with CSAC, you can check the status of your Cal Grant Award, the school the award is designated to go to, and much more. If you have been awarded a Cal Grant, you will need to complete important steps prior to receiving your funding.

- Step 1: Make an account with CSAC. Go to: https://mygrantinfo.csac.ca.gov
- Step 2: Once you have made an account, log in.
- Step 3: Scroll down to where you will see the words Cal Grant. Click on the arrow icon. This will unveil 4 tiles.
- Step 4: Look at the Award Detail tile on the far left.
 - Inside the box, there should be a To-Do list. Click on the To-Do list.
- Step 5: Confirm High School Graduation.
 - This will require you to click one box on the left and one box on the right. On the left column, click "Attended a California High School for 3 or more years". On the right column, click, "Received a high school diploma."

Once the Award Detail tile changes color and the tile says "Awarded" check to see if you have the correct school recorded on the second tile, "School of Attendance."

The college/university you will attend in the Fall will only receive your Cal Grant if they are listed in your CSAC account. You can submit a school change through your account. It is believed that School Changes may not be available until June. If you are unable to submit a school change by July 1, contact the California Student Aid Commission at (888) 224-7268 or via email: Studentsupport@csac.ca.gov

Your Grades Matter!

FINISH STRONG

consideration. Your GPA next year for Cal Gran consideration. Your unweighted academic GPA will include grades earned in 10, 11, and 12.

Туре	Where can you use it?	Requirements	What does it pay for?
Cal Grant	4-year college	3.0 GPA, low to middle income	CSU fees\$5,742UC fees\$12,630Up to \$9,084 for private colleges.
Cal Grant	CCC or 4-year college	2.0 GPA, low income	 \$1,672 for the 1st year \$1,672 <u>+ fees</u> for 2nd, 3rd, and 4th years
Cal Grant	CCC or vocational school	No required GPA	 \$1,094 at a CCC Up to \$2,462 at forprofit trade schools

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SENIOR NEWSLETTER



Seniors Heading to Santa Ana College

and who already registered for their classes

Join SAC Staff for a Post-Registration Zoom

Wednesday, May 20th 1:00pm OR 3:00pm

https://cccconfer.zoom.us/j/93195258750

Santa Ana College Outreach Reps will be reviewing: How to Access Your Financial Award Follow-up with Documents Needed How to Access Your Bankmobile Registering for Summer School and much more!



Make-Up Virtual Priority Registration

Tuesday June 2

RSVP NOW

www.sac.edu/earlydecisionregistration



Questions: CHAT/VIDEO CALL sac.craniumcafe.com/group/outreach

SUMMER COURSES

In just 4 weeks, you can earn transferable college credits by taking a summer class at Santa Ana College (or any other community college). Check the college website for summer course offerings. You can begin registering on May 25. Summer school is not covered by the SAC Promise but some of you may still be able to attend for FREE if you qualified for financial aid. Some students will need to pay for the course. **Summer Session starts June 15, 2020.**

Here is just a short list of courses that you can take this summer. You can look for similar offerings at other colleges. Consult with a SAC counselor to review other course options:

- AUTO 102: Auto Essentials
- ASL 110: American Sign Language 1
- BUS 100: Fundamentals of Business
- CDEV 107: Child Growth & Development
- CNSL 116: Career/Life Planning & Personal Development
- ENGL 101: Freshman Composition
- ENGR 100A: Introduction to Engineering.
 Introduction to major fields of engineering
 (including mechanical, electrical, industrial,
 biomedical, aerospace, and others), the
 functions of an engineer, and the industries in
 which engineers work.

If you are planning to attend
Santa Ana College but have not
registered for classes, make sure
to register by May 31 to
participate in the Make-Up Day.



SENIOR NEWSLETTER

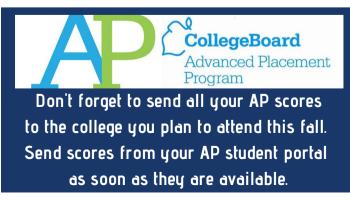




Avoiding "Summer Melt"

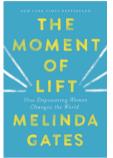
Students who do not have a lot of support or information on the transition to college may find the summer after high school extremely difficult to navigate, as there are many important steps that need to be taken. The following tips will help students (and their parents) navigate the summer months.

- Remember: You are College Material
- Contact a School Counselor Over the Summer
- Talk to Mentors
- Visit the College Website
- Check Status of Financial Aid
- Register for and Attend College Orientation
- Look into Placement Testing Before Orientation (if applicable)
- Keep up with College Fees
- Complete Housing Forms (if applicable)
- Check College Health Insurance Plans
- Submit Required Paperwork and Documentation (ie. HS or Community College Transcript, SAT/ACT or AP scores.)
- Prepare for Leaving Home (if applicable)



Ready, Set, READ!



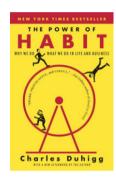


Title: The Moment of Lift: How Empowering Women Changes the World

Author: Melinda Gates

Title: The Power of Habit: Why We Do What We Do in Life and Business

Author: Charles Duhigg



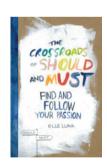


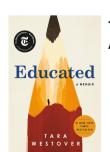
Title: The Path Made Clear: Discovering Your Life's Direction and

Purpose

Author: Oprah Winfrey

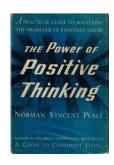






Title: Educated: A Memoir **Author:** Tara Westover

Title: The Power of Positive Thinking **Author:** Norman Vincent Peale



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SENIOR NEWSLETTER





EMPLOYMENT OPPORTUNITIES

Graduating from high school is a huge milestone! During their time in high school, students prepare for college and others to enter the military. Some students decide to find a full time job after high school. If you are one of those students who is ready to enter the workforce, here are <u>8 THINGS TO CONSIDER WHEN LOOKING FOR A JOB</u>:

- 1. Benefits
- 2. Hours
- 3. Office Culture
- 4. The Team
- 5. Passion
- 6. Growth Opportunities
- 7. Educational Opportunities
- 8. Company History and Stability

To view the full article, click here.

An apprenticeship is another great way to get started on a great career. Make sure to visit the <u>California Apprenticeship</u>
Coordinators Association to learn more.

Santa Ana Work Center

Administered by the Santa Ana Workforce Development Board and its Youth Committee, the Youth Service Providers Network (YSPN) is a unique collaboration of youth-centric service providers and community organizations whose goal is to help our community's at-risk youth overcome barriers to employment and make a successful transition into the workforce.

Union Jobs

There are different unions across California based on trade and location. In order to get a union job you must be part of that union.

Unions work to ensure their members have access to:

- benefits
- healthy and safe work environments
- labor training

A local union in Santa Ana is the Laborers Local 652.





SENIOR NEWSLETTER









